

# BEAUTY spotlight

The must-have products, the key trends, application tips and insider hints... this is pure indulgence



## NO.1 BUY:

## Jane Iredale base products

Perhaps one of the most underrated cosmetics brands, Jane Iredale has some of the best products out there! We particularly love their base products. The Liquid Minerals foundation sets on the skin so it won't budge yet feels completely weightless – genius! The PurePressed Powder sets make-up perfectly and the concealing treatment Disappear is so pigment heavy that it can even cover tattoos, whilst again feeling light and fresh. Overall Jane Iredale has perfected products that give us ladies flawless yet touchable skin – what more could you want?!

- Mineral Liquid: £31.73
- PurePressed: £29.93
- Disappear: £20.24
- Super-shape Me Brow Kits: £42.96



## tried & tested

### BLEMISH CONCEALERS

#### RIMMEL HIDE THE BLEMISH CONCEALER

##### The Hype...

"A creamy concealer stick that blends to camouflage any skin imperfection. Gives complexion a smooth even appearance."

##### The Truth...

There is no doubt that this is budget product. From the packaging to the shades available – this is a 'less-than-a-five' concealer. However, it's always good to have in your bag in case of emergency and does conceal to a certain extent.

**Costs £9.91**  
[www.boots.com](http://www.boots.com)



#### BENEFIT ERASE PASTE CONCEALER & HIGHLIGHTER

##### The Hype...

"This concentrated, creamy, blendable concealer instantly brightens & camouflages oil-in-one."

##### The Truth...

This concealer has a very thick almost sticky consistency. But while it did indeed give lasting coverage under the eyes, on blemishes it wasn't so great.

**Costs £18.50**  
[www.boots.com](http://www.boots.com)



#### DUWOP CIRCLE BLOCK

##### The Hype...

"Revolutionary two-part system to 'block' dark under-eye circles and other imperfections."

##### The truth...

The strange orange coloured paste in the lid is a little disconcerting but when applied to blemishes or uneven skin tone it did actually hide them. Then with the concealer cream contained within the tub popped on top – they were gone!

**Costs £20**  
[www.qvcuk.com](http://www.qvcuk.com)



## TIDY UP



Hayden Panettiere has got great brows – keep yours in check with one of these precise tweezers...

## SPEND...

**Revlon Compact Tweezers**  
These give good grip and the precision isn't too bad either – good value for money.  
**£6.85, [www.superdrug.com](http://www.superdrug.com)**



## SAVE...

**Bourjois Tweezers**  
Cheap and cheerful, these cute little pluckers are perfect for when you're in a hurry. A handbag essential!  
**£2.93, [www.boots.com](http://www.boots.com)**



## SPLURGE...

**Tweezerman Stainless Steel Point Tweezers**  
If you want the best look n' further. They are hand held that they can grip even the finest of hairs.  
**£16, [www.asos.com](http://www.asos.com)**



## HOW IT'S DONE



**1**  
The Xtreme Lashes are applied painstakingly with tweezers. The treatment is completely pain-free and actually very relaxing. Janine said she fell asleep a couple of times during the two hours!



**2**  
Once you have 'wow' lashes applied you need to make sure your brows are kept neat as there will be so much attention on your gorgeous peepers.



**3**  
Christine used a matte under-eye concealer and a high-coverage foundation on Janine. Applying both with a brush results in your product lasting longer and blending becomes much easier.



**4**  
Christine then applied a dark mauve shadow from the lashes to crease and a shimmery bronze/purple shadow to the centre of the eye to help bounce the light. No eyeliner or mascara was needed on the lashes as they stand out beautifully whilst bare.



**5**  
The cheeks were warmed with a rose shimmery blush and highlighter was applied. Then a light mauve lipstick and gloss was applied to the lips and the face was spritzed with a hydrating spray.

# the makeover

Your eyes are the most important feature on your face – so really bring out the best in them with Xtreme Lash!

**N**HS Events Coordinator Janine Pringle was lucky enough to be brought to the No.1 offices for an amazing treat on her 27th birthday. Face & Body Medical Cosmetics sent along their Xtreme Lash Stylist, Christine Forster, to give her an eye-opening new look! Janine had short sparse lashes as you can see from the before pictures (right) but Xtreme Lash can work miracles! Each eyelash is individually applied, right on to your existing lashes so you can't see any joint at all. Between 80-100 of the separate lashes are applied and they can last up to two months with a top up visit. The varying thickness and length of each lash means that they look completely natural once they're on, you suddenly have wide open fluttery eyes – Bambi eat your heart out! After the lashes had been applied Janine already looked much fresher and more awake but Christine accentuated her amazing eyes with fresh spring make-up!

These wondrous lashes would be ideal for brides or for special occasions – the difference they make is unbelievable – we'll race you to Face & Body in Edinburgh...



**BEFORE**

**HOT PRODUCT**  
Jane Insdale D20™  
Hydration Spray

This facial spritz helps to hydrate the skin after make-up. It also sets your make-up whilst giving you a fresh dewy look – a must for spring!  
£13.50, Face & Body



**AFTER**



**Christine Forster**  
Make-up Artist  
and Xtreme Lash Stylist

Call Face & Body on 0845 070 5538 to arrange an appointment or visit [www.faceandbody.co.uk](http://www.faceandbody.co.uk) for more info. Prices start from £160 and the treatment usually takes two hours.

## We want you!

Would you like us to give you a wonderful make-over and leave you looking like a superstar for the day? Send us an email with your details and a recent photograph to [emmahayledixon@psp.uk.net](mailto:emmahayledixon@psp.uk.net) and next issue it could be you!

# COSMETIC

## Mesotherapy

If you're looking for a more drastic approach to cellulite than cream or underwear then Mesotherapy could be the one for you!

Mesotherapy involves injections so if you're scared of needles avoid this! The injections are said to block fat deposits, improve circulation and trigger fat release in those hard to shift cellulite pockets.

**NO.1 SAYS** Up to 80 injections could be administered in one sitting and you will need four to five treatments to really notice a difference. However – the difference is impressive – this is one of the treatments that do actually yield results.

Prices start from about £150 from cosmetic surgery clinics nationwide.

