

Aftercare - Ultherapy

Ultherapy is an ultrasound treatment that stimulates the production of new collagen and elastin deep in the skin's SMAS. It is FDA approved for lifting and tightening the skin in the upper and lower face, neck and décolletage.

Recovery instructions:

After treatment your skin may appear flushed, but this redness should disappear within hours. You may experience temporary swelling, tingling or numbness in small areas. Tenderness to the touch is expected due to SMAS tightening. You can resume your usual lifestyle and activities immediately after treatment without having to follow any specific measures.

Common side effects, which resolve within two weeks are:

- Minor superficial bruising.
- Numbness on small treated areas.
- Tenderness to touch and movement.

Review procedure

Please schedule your complimentary review appointment three months after your treatment, your results will continue to improve for at least six months.

Results equivalent to a surgical facelift require three treatments three months apart.

Older patients may require multiple treatments to achieve the level of skin lifting and tightening discussed at their consultation.

Individual results vary, but most patient experiences will be as follows:

- An immediate lift from contraction of SMAS.
- Slow progressive skin lifting and tightening that builds over six months.
- An improvement in your skin complexion.
- Results that last up to two years.

Results can be improved and their duration boosted by annual maintenance treatments.

Ultherapy is used for the lifting and tightening of skin - it cannot be used for recreating shape to the face. Dermal fillers can be used in an artistic way to create more shape, balance and harmony in your face. Fillers can restore volume to your cheeks, improve a weak chin and strengthen your jaw line. Always, less filler needs to be used to achieve the desired shape after Ultherapy tightening - enabling more natural results.

Patient support

Adverse reaction

If you believe you are having an adverse reaction to your treatment, which is outside of the listed common side effects, then please:

- During opening hours [call us](#) immediately.
- Out of hours visit your local hospital's A&E and inform us by email.

If you are able – please document your concern with photographs and email them to us. If our staff tell you to attend the clinic for a physical assessment then you must do so and provision will be made to see you quickly.

Complaints procedure

Everyone expects a positive experience and a good treatment outcome. However, the practice of aesthetic medicine is not an exact science as every individual responds differently to the same treatment. You may require an adjustment or for certain treatment types a reversal. Some treatments can not be adjusted

or reversed. If you are dissatisfied with the service you have received you can read our complaints procedure and submit a complaint at: www.faceandbody.co.uk/complaints

Consumer redress schemes

If you feel that we have not addressed your concerns through our complaints procedure then you may seek complaint resolution for:

- Customer service at the Cosmetic Redress Scheme: www.cosmeticredress.co.uk
- Treatment outcomes through Health Improvement Scotland at: www.healthcareimprovementscotland.org

Request for medical records

You may request a copy of your medical records, which incurs a £25 administration charge. You will need to attend a meeting with the Clinical Director to sign for the documents.

T 0131 226 9610
E enquiries@faceandbody.co.uk
32 Alva Street, Edinburgh EH2 4PY
www.faceandbody.co.uk

Regulated by:

